Possibilities

COMMUNITY LINK

Summer/Fall 2013 Volume 19 / Number 2

Metro Expands To Benefit Consumers

Community Link's Fairview Heights Metro facility, located at 9815 Bunkum Road in Fairview Heights, IL, has been growing since its inception five years ago and is currently undergoing a large renovation project to meet the needs of the individuals in the Fairview Heights and surrounding areas. The construction project includes a 1,500 sq. ft. addition to the building, along with remodeling the current space to include restrooms, two classrooms, a conference room, and additional offices. Community Link is dedicated to keeping up with growth and improving the quality of life for people with disabilities in our community. This satellite facility provides a Day Training program and a Production setting that is person-centered, individualized, promotes personal growth, and encompasses a variety of skill building and employment opportunities for persons with disabilities.



Construction began in May 2013 at the Fairview Heights Metro Facility.



An addition of 1,500 square foot of space was added for the growing facility.



The 1,500 square foot addition close to completion.



The remodel of the front entrance of the Metro facility.



Down the hall at the front entrance of the Metro facility adds new flooring and lots of lighting.



The additional restrooms for both men and women allow for better wheelchair accessibility and more space for clients.

Possibilities is the newsletter of Community Link, a not-for-profit community agency providing services to adults and children who live in and around Clinton County. Headquarters are located at:

Community Link – East P.O. Box 157 / 1665 N. 4th St. Breese, Illinois 62230 Phone: (618) 526-8800 Fax: (618) 526-2021 News Editor: Monica Mensing

ACKNOWLEDGEMENTS

Thank you to the following contributors to Summer/Fall 2013-2014 Possibilities:

Margie Abert, Jeanette Evans, Jamie Fields, Missy Gaskill, Chris Gebke, Deb Guest, Laurie Hemker, Carla Hilmes, Marla Hilmes, John Huelskamp, Karen Huelskamp, John Lengerman, Michele McDaniel, Janice McElroy, Barb Nelson, Eric Robke, Fran Taylor, Robin Thole, Chris Toennies, Jennifer Wienker

We welcome any questions or comments you may have about our newsletter.

EXECUTIVE DIRECTOR John Huelskamp

BOARD OF DIRECTORS FY 2013-14

Jerry Albers Debra Baldwin Brad Beck Wesley Gozia Joseph L. Heimann Steve Huelsmann

John Lengerman Mike Nettemeier Leslie Pedtke Charles V. Poettker

Jim Kreke



MISSION STATEMENT

Community Link helps people with developmental disabilities, and other difficulties, achieve learning breakthroughs, find a job, live in a home of their own, and make friends.

Program Participants Get Out Together



Mike Maniscalli enjoying a night of bowling at V&H Recreation Center as part of the GO Activity held.

Community Link's Delta Squad, which was initiated through the Strategic Planning process, has formed "GO" Get Out Together events to connect the people we serve with staff and others outside the normal realm of the production and day programs. These events have included bowling night, outdoor movie night, game night, an ice cream social, shopping at the mall, pizza making in an outdoor oven, Legally Blonde at The Looking Glass Playhouse in Lebanon, IL, and The Wizard of Oz at Mater Dei Catholic High School in Breese. These types of events enhance and encourage involvement with peers, provide opportunities to become more active in the community, and develop social skills. We would love to have volunteer support to help us continue to provide opportunities through this program. If you are interested in volunteering your time, please contact us.



The pizza making GO Activity was a huge hit at the home of Rick & Barb Nelson! From l to r: Sean Herzing, Amanda Cawvey, Mark Schomaker, Mallory Wessling, and Clarissa Ribbing, Aviston CILA staff.



Joe Peters and Michelle Peters enjoying ice cream with their favorite topping at the Ice Cream Social, which also included fishing. The event was held on the beautiful grounds of Community Link's East location in Breese.

Wellness Committee Educates Staff and Participants

The newly formed Wellness Committee is unveiling programs in education, nutrition, and activity to ensure staff and program participants are making healthy life choices. Starting in September, there will be a movement time for the entire agency to get up and get moving to clear their minds. The education piece includes the importance of drinking water, and the nutritional piece consists of food groups and a healthy plate.



Community disability to possibilityst

FY 2012-2013 Annual Report

Message from the Board President



Another year has come and gone for Community Link and my service as Board President and I'm pleased to be able to serve the organization for one more term. It's a pleasure to work with committed board members and staff to achieve our mission each and every day.

I'd like to welcome our two newest board members Debra Baldwin and Joseph

Heimann. Ms. Baldwin's son is a client at the Metro location and she brings a very enthusiastic approach to her position. She also has been extremely helpful in gaining more public awareness for Community Link in the Metro area. Mr. Heimann is an administrative law judge and has a sister who is a client at Community Link. Joe brings a very thoughtful approach to our discussions at the board level.

The board along with the staff is currently working to complete a new strategic plan for the organization. I appreciate the work of Vertical Performance and our facilitator Lyndon Joost

during this process. Our hope is to have board adoption of the plan in September and get started on the implementation of its many phases and aspects immediately thereafter.

Community Link is very well positioned to face the challenges that lay ahead. As Executive Director John Huelskamp refers to in his article, we are an organization that has always performed in a positive way to achieve what we set out to do. I agree with John's perspective that Community Link is ready for the future, whatever it brings, to serve our clients and their families.

My sincere thanks to all of our families for their support of our organization, without your belief in our mission we cannot accomplish what we set out to do.

The staff at Community Link is to be commended for their day to day contributions to better the lives of the clients they serve. It is a total team effort and your hard work does not go unnoticed by your board.



Welcome New Board Members



Community Link welcomed two new members to their Board of Directors in March 2013.

Judge Joseph Heimann of Highland comes to Community Link with over 30 years of federal service. Judge Heimann, Colonel, USAF retired, currently serves as an Administrative Law Judge with the Social Security

Administration, after 27 years of active duty as a Judge Advocate in which he served commanders at every level, to include the Chairman of the Joint Chiefs. Joe welcomed the opportunity to work with Community Link in the hopes of serving his sister, Peggy, and others with developmental disabilities and other difficulties. Joe and his wife, Nancy, both originally from Clinton County, are the proud parents of a son, a daughter, and four grandkids.

Deb Baldwin of Fairview Heights has been retired since 2009

and brings with her experience in the fields of advertising and computer technology.

Deb has been actively supportive of both the Fairview Heights Police Department and Fairview Fire Department since 1996, publishing a newsletter with crime and safety tips that is mailed out bi-annually to the residents of Fairview Heights. Deb is co-founder

of the organization CUFF (Citizens United For Fairview), which also hosts an annual recognition night for local law enforcement and firefighters.

Deb's youngest son is a participant in the day program at the Community Link Metro (Fairview Heights) location. Deb enjoys spending time with her family, especially her grandchildren. As a strong parent advocate, Baldwin

looks forward to contributing her experience and dedication to Community Link.

BOARD OF DIRECTORS FY 2013

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Vice President Brad Beck Associate Executive Director, Christian Social Services of Illinois

Treasurer Mike Nettemeier CFO (retired) Scott Air Force Base

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DIRECTORS

Deb Baldwin Co-Founder, Citizens United for Fairview (CUFF)

Wesley A. Gozia Attorney/Owner, Gozia Law Firm LLC

Judge Joseph Heimann Colonel, USAF Retired Administrative Law Judge, Social Security Administration

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Charles V. Poettker President, Poettker Construction

Jan Wilburn Owner & CEO, Kohnen Concrete Products

KEY STAFF FY 2013

John Huelskamp Executive Director

Fran Taylor Director of Finance and Administration

Barb Nelson Director of Adult Programs

Janice McElroy Director of Children's Programs

Jamie Fields Director of Development

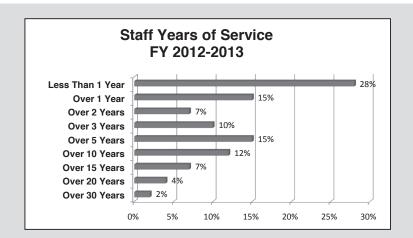
Adult Day Programs Consumer Advisory Council

The Consumer Advisory Council (CAC) acts as advocates for all consumers. The CAC is made up of five consumers elected from a consumer voting process. The CAC makes recommendations, voices their concerns, and discusses issues with representatives of the agency. These issues are incorporated into the program evaluation process and used in Strategic Planning. The CAC meets quarterly, followed by an all-consumer meeting discussing the content of that meeting and any other concerns, comments, or suggestions.



Members from Adult Day Training Breese site l to r: (front row) Chris Gebke (Associate Director of Adult Day Programs and Council Chairperson), Kathy Wempe (front), Mallory Wessling, Heather Holthaus, Katie Bunt, Samantha Haar (front), Jan Wilburn, CL Board of Directors Representative, and not pictured alternate Jason Seidel.

Members from Adult Day Training Fairview Heights Metro site include: Sarah Harr, Daniel Hardin and Flo Thompson.



Total number of employees at end of fiscal year: 165 Total turnover rate for fiscal year: 28% Number of employees who ended employment: 47



FINANCIAL REPORT

Community Link is pleased to present the following audited summary of revenues, expenses, and changes in net assets for the Agency's Fiscal Year 2012-2013, ending this past June 30. For a copy of the completed audit, please e-mail info@commlink.org or call (618) 526-8800.

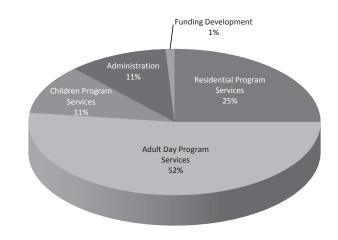
Revenue

Contributions/Fundraisers	\$452,440	6%
Government Funding	\$6,147,711	82%
Client/Family/Third Party Fees	\$478,358	6%
Sales from Worksites	\$337,053	4%
Investment and Other Income	\$88,965	2%
Total Operating Revenue	\$7,504,527	100%

Operating Expenses

Salaries & Benefits	\$5,174,058
Other Operating Expenses	\$1,965,968
Total Operating Expenses	\$7,140,026
Net Operating Gain	\$364,501
Depreciation Expense	\$148,248
Net Gain after Depreciation Expense	\$216,253

Functional Expenses FY 2012-2013



Community Link's \$7 million budget flows back into the surrounding communities, through salaries paid to employees and the purchases from local vendors.



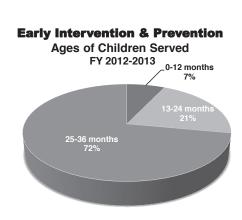
First Step strives to meet the needs of children and families...



The Early Intervention Program of First Step specializes in pediatric therapies for children ages birth to three. Children that have difficulties or disabilities in speech, language, cognition, self-help skills, socialization, behavior, or motor skills may benefit from these services. Kim Lohman, Disabilities Service Coordinator, is helping Jayce increase his vocabulary through the parachute game and "popping popcorn".



As part of the Early Head Start Program of First Step Early Learning & Family Support (a division of Community Link), Chrissy Brown, Home Visitor, demonstrates building with homemade blocks in a Parent as Teachers activity.



First Step Early Learning & Family Support Programs provide a diverse set of services for children and families: Early Intervention therapy services, for children with special needs 0-3; Children's Waiver case coordination, for children 3-21; Prevention Services, for children 2-4; developmental screenings; and Early Head Start, for children 0-3 and pregnant mothers. Prenatal and parent support and education are offered through classes at St. Joseph's Hospital, which is funded through United Way of Greater St. Louis.

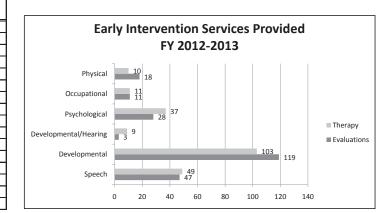
The need for EI and EHS services grows...

The number of children receiving First Step Early Intervention therapy services continues to increase, growing from 204 children served during FY 2012 to 258 in FY 2013. The program also grew from having seven skilled contractual therapists to nine. During this past year, a total of 4,944 direct service hours have been provided to children and families with special needs. This is an increase of 1,837 hours from the previous year. First Step is working to increase case coordination services to provide parent advocacy, trainings, support and resources for parents with children of special needs, with a focus on supporting parents with the IEP and IFSP process. A goal of EI is for families to learn how to more effectively meet the needs of their children and enhance growth and development while providing in-home therapy services in the child's natural environment, using resources from the child's home. Early Head Start Parent Educators served a total of 82 children and 9 pregnant women in FY 2013 by providing home based services to low income and other at risk families. Empowering parents to take the role as their child's primary teacher, preparing them for school readiness, and ensuring the children's preventive and primary health care needs are being met are priorities of this program.

Prevention to expand to provide services all year round...

The First Step Prevention program is expanding to provide prevention services year round to children with special needs that would not otherwise be eligible for Early Intervention or Early Head Start. Prevention fills the gap by providing in-home, comprehensive services for children who fall in the gap of being too old for Early Head Start services and are waiting to be accepted into a formalized setting (Head Start and/or Early Childhood program). Services are provided to prevent regression of progress made from discontinued therapy services. Our Prevention Specialist is certified and trained to use the Parents as Teachers curriculum and is able to utilize Creative Curriculum Activities. Any untreated delay or environmental stressors can cause a child to experience setbacks upon entering school.

Families Receiving El Service by County FY 2012-2013	%
Clinton	32
St. Clair	19
Madison	11
Marion	8
Washington	6
Montgomery	6
Bond	5
Calhoun	3
Macoupin	2
Christian	2
Greene	1
Jersey	1
Monroe	1
Perry	1
Randolph	1
Sangamon	1



Community Living Programs witness the power of community involvement...

Community disability to possibility



From l to r: residents, Alvin Hacker, David Dalhaus, Brandy Gallagher; volunteers, Rich & Marcie Hacker; residents, Deb Delano; Team Leader, John Lampen; resident, Tina Holtmann, and Community Integrated Living Specialist, Dylan Ritter. Seated on bench: residents, Marilyn Toennies and Deanna Nordike.

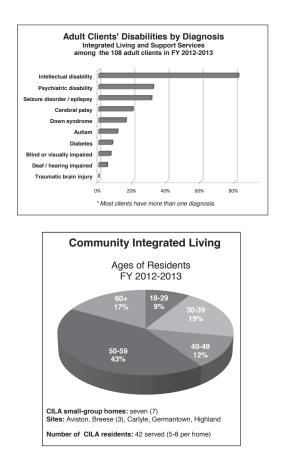
The power of community is witnessed in the transformation of one of Community Link's Community Integrated Living Arrangements (CILAs) in Germantown. This residence is home to seven individuals with developmental disabilities. The home's shrubs were very overgrown, hiding the windows and entryway of the home. The need for the upgraded landscape was recognized by Rodney Friederich of All Green Lawn and Kurt Ripperda of Jerry's Landscape Nursery. Rodney pulled all of the shrubs in the spring of 2012...then came the heat wave! The ground remained untouched.

This spring, Rich and Marcie Hacker called to express their interest in giving their time and talents to complete the project. A generous donation from the Catholic Holy Family Society's Hearts and Hands Program got them started, and soon other interested

people and businesses offered contributions to this project. Jerry's Landscape Nursery, August Wildhaber Sales & Services, Tonnies Hardware & Rental, and Gerry Kohnen all contributed to this project. Rich and Marcie Hacker edged

the landscape area with bricks, cleaned up other shrubs and trees throughout the yard, added a brick seating area with a bench, and planted all new plants. The result is a beautiful new addition which complements the house and gives the residents a nice place to relax and enjoy a bit of nature in their yard. The residents of this home are very grateful for the kindness and support of these individuals, and are very happy with how their home looks.





Enriching Opportunities... FUSION Participants viable in the community

The purpose of the Finding Unique Services by Individualizing Opportunities and Needs (FUSION) Program is to enhance and encourage community involvement thus allowing individuals to become more active members of their communities through social and skill development and support. The program is designed to take a unique look at ways each individual can utilize community resources based upon their own personal interests. This past year, host organizations included the following:

- American Cancer Society, Highland
- Breese Junior Women's Člub
- Chakota Therapeutic Horse Ranch
- Clinton County Humane Society
- Knights of Columbus, Carlyle Council #1382
- Retirement, Nursing Rehabilitation Centers: - Aviston Countryside Nursing Home
 - Hitz Memorial, Alhambra
- U.S. Army Corps of Engineers



Developmental Training participants engage in lifelong learning...

Every afternoon at the Breese Day Training West site, clients participate in breakout classes where they can learn specific skills. One of the breakout classes offered is Sign Language. This class is taught by Dianna Kanthack and Jamie Duncan and has been running since August 2012. In this class, clients learn signs that help them communicate their wants and needs in their everyday lives. Bobbie can now sign "yes" and "no". Tony can sign "restroom". Hanna Laminack has learned at least sixty signs. Some of her favorites include "mother", "father", "food", drink", and "house".

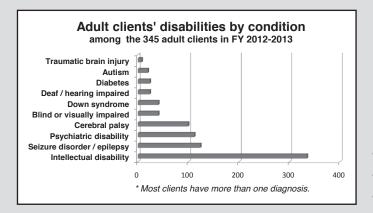


Pictured l to r: Dianna Kanthack, Habilitation Specialist, Jamie Duncan, Habilitation Assistant, and Hanna Laminack, Program Participant, signing "I love you."

Breese Day Training West Classroom 1 learned about fruit and the health benefits of fruit. The class made 3D fruit mobiles to hang from the ceiling, discussed what fruits were in season, what each participant's favorite fruits were to eat, and how eating healthy is good for the body. The class made a list of their favorite fruits, and Brittany Weathers, Habilitation Specialist, took a few participants to the grocery store to purchase the fruits. Everyone in the class enjoyed a fruit salad with their favorites!



Beverly Brandkamp enjoying her fruit mix after learning about the health benefits.



Adults Receiving Services by County FY 2012-2013		
Clinton County	56%	
St. Clair County	36%	
Madison County	7%	
Washington County	0.5%	
Bond County	0.5%	

Total Adult Day participants, past year: 345 Total days of service provided, past year: 242 Total hours of day services provided, past year: 362,395 Participants enhance the community through employment and recycling growth...

Community disability to possibility



Mallory Wessling works in the Work Training program. She and her co-workers learn work related skills and work behaviors such as being punctual to their work station, following supervisor directions, and completing an assigned task in a timely manner.

Mallory attends work every day assembling parts for one of our employers.

In addition to Work Training, other programs include Supported Employment, Job Readiness Training, and Job Placement.

Recycling Business Grows

In FY 2012-2013, CL increased recycling by 26 tons. We encourage households and businesses to "go green" through our curbside and business pickup services in Clinton County, along with drop off locations in Beckemeyer, Damiansville and Germantown. This past fiscal year we processed over 615 ton of material.



Chris Toennies (1) provides a tour of the recycling program to pre-school students from the Child Development Center at Scott Air Force Base.

The recycling program provided the following:

- 550 households with curbside services
- 41 businesses for pickup
- 8 part-time employment opportunities for individuals with development disabilities
- 4 part-time drivers

In appreciation for our current employers



Arrow Group Industries, Inc. Breese

Highland Recycling & Shredding



Basler Electric Highland



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MIM'S

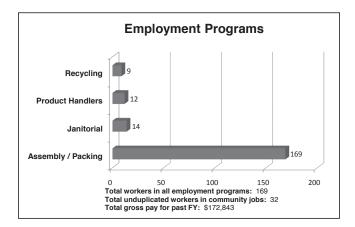
Highland Jim's Formal Wear Trenton

With gratitude to our supported employment sponsors

CC Food Marts, Breese Casey's General Stores, Breese Hansen Foods, Inc., dba Hardee's, Breese

We're pleased to provide janitorial services for

Community Link, East Building, West Building & First Step Germantown Public Library Clinton "Marc" Smith, D.C., Breese Special Olympics Illinois, Highland Schuette SuperValu Markets, Breese & Carlyle





FY 2012-2013 Donor Roll

With Gratitude

This Donor Roll honors the funders, businesses, organizations, and individuals who have made it possible for the Agency to serve nearly 550 individuals and their families on an ongoing basis (and hundreds more with occasional services) during the 12 months ended June 30, 2013. In an era of diminished government funding, our not-for-profit charitable organization increasingly relies on community support. To each of you, we are grateful for your gener-

IN APPRECIATION OF OUR DONORS *July 1, 2012 through June 30, 2013*

FEDERAL/STATE GRANTS

Early Head Start Continuation Grant Illinois Department of Commerce and Economic Opportunity (recycling grant for new loading dock) Title XX Early Intervention / Regular Work Health Matters CAP IL Community Associate Grant

CONSOLIDATED CAMPAIGN FUNDING

Combined Federal Campaign (CFC) United Way of Greater St. Louis (allocation) United Way of Greater St. Louis (one time basic needs grant)

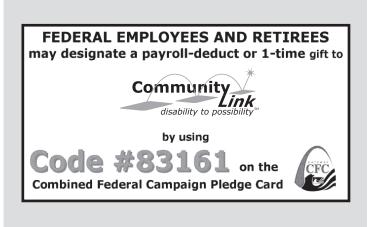
FOUNDATION GRANTS

Employees Community Fund of Boeing St. Louis (bathroom fixtures for Metro location) Carlyle Healthcare Foundation (dental work for CILA resident) Clean Energy Foundation (lighting at all facilities) Ameren Non-Residential Hardship Grant (energy cost savings) Payless Gives (shoes for children)

LOCAL GOVERNMENT GRANTS

St. Clair County 708 Mental Health Board (art therapy program) Clinton County 708 Mental Health Board ous support. To those who have asked to be listed as anonymous, please know that your giving is much appreciated. To those we may have inadvertently omitted, we offer our sincerest apologies, ask your understanding, and invite you to let us know about the omission, so we may adjust our records and recognize your contribution. Thank you again for transforming disabilities into possibilities!

Please share the information below with family and friends ...





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(excluding Golf Scramble Sponsors, recognized in ad on the right) Aviston Lumber Co. Beckmann Distribution Service, Inc. Benhoff Insurance Agency Beyond the Garden Gate Boulder Yacht Club Breese Motor Sales, Inc. Carl's 4WD & Performance Center CC Food Marts Clinton Seamless Guttering Dairy King DCA Construction Donnewald Distributing Employees ExecuTech Strategic Consulting Farmers State Bank -Hoffman, IL First Bank - Breese First County Bank First National Bank in Carlyle & Aviston Foppe Insurance Agency Gateway FS

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EMPLOYERS MATCHING GIFTS Covidien

Macy's Shell Oil Co. Foundation TIAA-CREF Employee Giving Campaign

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Clinton County Licensed Beverage Association Team B.E.S.T. Fastlane for Hannah – Mike & Debra Berndsen Kathy Holthaus

ORGANIZATIONAL GIFTS

Breese Junior Women's Club Catholic Holy Family Society • Council #28 • Council #82 Catholic Urban Program Healthcare Foundation Junior Service Club of St. Clair County Knights of Columbus • Albers Council #9768





Thanks to the sponsors of our 17th Annual Golf Scramble Saturday, June 22, 2013



CLIENT TEAM SPONSOR

First National Bank - Carlyle

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Thanks to all the golfers and team sponsors!

Community Link is a proud member of United Way of Greater St. Louis





First Step Early Intervention program facilitates playgroups for families and their children. These playgroups support the parent-child relationship and recognize that the parent is the first and most important teacher for their child.



Community Link program participants help several times throughout the year with mailings. The biggest being Possibilities, and getting over 3,800 pieces ready to send.



Margie Abert, Personal Development Specialist at Community Link, hosted a Halloween Party for participants in the Family Support Unit and Intermittent CILA programs.

- Breese Council #2869
- Carlyle Council #1382
- Highland Council #1580
- New Baden Council #10311
 Lions Club – Breese
 Lions Club – Carlyle
 St. Felicitas Church Altar Sodality
 St. Monica's CCW – St. Augustine Church-Breese
 VFW Auxiliary Carlyle Post #3523

IN MEMORY OF...

Cheryl Albers from Donald & Claudia Albers

Karen Budde from Anonymous Dennis & Sandy Albers Anthony & Donna Budde Shirley Budde Stanley Budde CC Food Marts Elaine Fehrmann & Dennis Winkeler Nathan & Amanda Fruend & the Boys Paul & Julie Fuehne Sue & Ron Fuehne Janice Gilmor Joseph & Carol Ĥemker Linda Klostermann Norbert & Jane Klostermann James & Mary Lampe Deb Litteken Jim & Carol Loepker Phillip & Carol Menkhaus Ann & Bill Milliken Cindy, Roger, Brian, Julie, & Christi Niemeyer Rita Nordhaus

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Van Causey *from* Malone Family

Paul Duncan from Marilyn Duncan

Bernice Fruend *from* Kristine Siegler Diane Von Bokel

Bob Hemker from Kristine Siegler

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Fred Olliges from The Becker Family Foundation Michael & Marlene Fields Royce & Marlene Fletcher Mark & Donna Johnson Mildred Johnson James & Mary Lampe Lavern & Bernice Langhauser Brian & Blanch Schwarz Tom & Deb Thole James & Mary Kay Wiegmann The Family of Fred Olliges

Bert Rakers from Jim & Eileen Boeckmann

Joe Ripperda from Steven & Doris Medhurst Frank T. Richter Theresa Richter

Wilhelmine Schroeder

from Theresa Richter Beverly Ripperda

Florence Seiffert from Kristine Siegler

Margaret C. Thole

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Roger & Mary Lou Wolfe Sherry & Paul Wuller The Family of Margaret C. Thole

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Bob Brandkamp from Kathy Austin

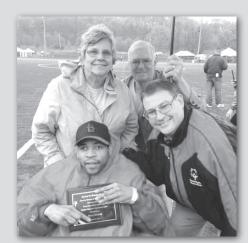
Terry Gerstner from Marvin & Jane Hollenkamp

Ralph & Ruth Langhauser 50th Wedding Anniversary from David & Lucille Cooper Tom & Jan Hustedde Joe & Sylvia Langhauser Lavern & Bernice Langhauser Ralph & Ruth Ann Langhauser

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A

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Terry Dodson, CL program participant at the Fairview Heights Metro location, received the Hurray for Hannah Award at the Special Olympics Track & Field competition in April 2013.



Sparky came for a visit during a little down time at the Breese East location. Joan had a nice break from working to spend a little time petting Sparky. Sparky is owned by Geri Detmer, a CL Direct Service Provider.



FUSION participants along with 2 CILA homes spent the day baking and hosted a bake sale to donate the proceeds to the Clinton County Humane Society (CCHS). Pictured l to r: CL program participants Brandy Gallagher, Sandy Plocher, Diane Hemker, and Jennifer Eide present a check to CCHS volunteers Stacy and Laura.



Alex Morrison performs his song he co-wrote at the Community Link St. Patrick's Day Gala on March 17th, 2013. Alex was one of the three performances from program participants. Ron Bequette wrote a speech about how Community Link's programs created an environment that he would not have received elsewhere. Kathy Wempe performed "Tongue Twister" on the piano.



First National Bank of Carlyle sponsored a client team at the 17th Annual Breese Golf Scramble on Saturday, June 22nd, 2013 at Bent Oak Golf Course, allowing them to take part in this fun day. Pictured l to r: Brenda Shelton, Brian Tucker (Program Manager), Erik Schwalenberg, and Charlie Drees.



Team Tom Marti started the 7th Annual Buddy Walk on Saturday, April 27th, 2013 in loving memory of Tom Marti.

Jerry & Marian Albers Mick & Geralyn Albers Pat Albers William Anderson Jason & Katie Anselment Tony & Deb Antonacci Ronald & Leigh Ann Arentsen Bob Astroth Ann Austin

B

Deacon Rich & Pat Bagby Shawn Balint Nicole Baquet Vincent & Connie Barciszewski Gerald & Dorothy Bauman Dale & Carol Baumgartner Brad & Krescene Beck Jeffrey & Aggie Becker Don & Beth Bedard Michael & Michelle Beer Nikki Beer **Jeanette Benhoff** Gene & Sharon Bickl Dan & Darlene Billhartz Francis & Helen Billhartz Mark & Lynn Billhartz Bill G. Bodine Brian & Julie Boeckman Dot & Roger Boeckman Jim & Eileen Boeckmann David & Amy Boggs Greg & Nikki Bollmann Bob Brandkamp Paula Brandkamp Stan Brandmeyer, Attorney-at-Law Dan & Mardel Braun Jerry & Joyce Brefeld Jean Brenner's Family Anthony & Donna Budde Harry & Cathie Buller Jim & Mary Burns

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During lunch periods on Valentine's Day, program participants and their special friends were treated to a quiet lunch away from their normal lunch area. In recognition of the special day, the couples also had their pictures taken.



First Step, a division of Community Link, promotes parent involvement through Family Play Groups such as this one at the Breese City Pool, as well as Policy Council, Parent Committees, community classes, and field trips.



Three individuals enrolled in the Community Living Program along with staff person Brenda Robertson enjoyed a St. Louis Cardinals baseball game on May 13th, 2013. These tickets were made possible by Blaine Rehabilitation Management.



First Bank Breese employees volunteered at registration during the Community Link St. Patrick's Day Gala on March 17th, 2013. First Bank employees regularly volunteer at Community Link's other fundraisers as well, which include the Buddy Walk and the two Golf Scrambles. Pictured 1 to r: Geri Wobbe, Marilou Rakers, Joyce Timmermann, Amy Kampwerth.



The Clinton County Parrot Head Club, a non-profit organization whose purpose is to help charitable organizations and assist in community outreach programs, hosted their 6th Annual Spring Phling on February 23rd, 2013. Proceeds from the raffle ticket sales and auction benefited Community Link.



Clinton County Parrot Head Club members braved the cold weather to grill hot dogs for 7th Annual Buddy Walk on April 27th, 2013. Pictured l to r: Carl Wessling, Jim Taylor, Janelle Holtmann, Jennifer Wienker, Todd Peppenhorst (CCPHC President), Kris Kauling, and Natasha Kauling.

Randy & Kim Peek Betty Pendleton Park & Nancy Penwell Herb & Jodi Pingsterhaus Mike & Barb Plocher Ben & Melissa Poletti Kelly & Dennis Pollmann Terry & Wilma Postin Ken Powless Bruce Prediger Craig Prediger James & Catherine Prediger Clarence Price

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Community Link in Breese hosted four Mater Dei Catholic High School seniors as part of their senior service learning requirements for 3 weeks in January 2013. Seated are: Jade Beckmann and Mary Jo Hollenkamp; standing are: Rebecca Spears and Trevor Koerkenmeier.



Community Link in Fairview Heights hosted two students from Althoff Catholic High School as part of their senior service learning requirements for 3 weeks in January 2013. Pictured l to r: Michele McDaniel, Associate Director at Fairview Heights Metro, Miranda Wade, and Angela Vitt.



Alyssa Frerker, 2011 Miss Madison County, 2013 Miss Heart of Missouri, and a finalist in the Miss Missouri contest volunteered in May 2013 to help plant flowers. Alyssa is helping Marcia Taylor with the flower box.

Department

Remembering Our Friends...

Mark Phillips

56, of Trenton, IL, passed away on October 28, 2012. Mark participated in the Adult Day Training program at the Breese West site. He was a resident of Oakview Home in Trenton, IL.

Alfred Edwards

82, of Swansea, IL, passed away on November 9, 2012. Alfred participated in the Adult Day Training program at the Fairview Heights Metro site. He was a resident of Specialized Living Center in Swansea, IL.

Jeffrey Scott Pinkerton

44, of Swansea, IL, passed away on January 20, 2013. Jeffrey participated in the Adult Day Training program at the Fairview Heights Metro site. He was a resident of Specialized Living Center in Swansea, IL.

Anthony "Tony" Korando

58, of New Baden, IL, passed away on February 28, 2013. Tony participated in the Adult Day Training program at the Breese West site. He was a resident of Clinton Manor Living Center in New Baden, IL.

Bernice A. Fruend

82, of Aviston, IL, passed away on May 16, 2013. Bernice participated in the Community Living Specialized Services program in Breese. She was a resident of Countryside Manor in Aviston, IL.

Zachary Gene Guppy

25, of Belleville, IL, passed away on June 11, 2013. Zachary participated in the Adult Day Training program at the Breese East site. He was a resident of Royal Living Center in Belleville, IL. Jamie Litteken Cindy Lockhart Senator Kyle McCarter Ken & Susan Meyer Rick & Barbara Nelson Sandra Owens Randy & Kim Peek Betty Pendleton Pam Peters-Huffines Ben & Melissa Poletti John & Maria Price Terry & Joan Riffel Deborah Rigdon Ed & Donna Rolfingsmeyer Jan Schneider Steve & Deb Schomaker Edward Schrage Ray & Romy Schrage Kathy Shaw Kristine Siegler Ginnie Smith Dave & Connie Tebbe Pete & Jackie Toennies Torres/Fite Family Wayne & Jean Trampe Brad & Becca Varel Pat Voss Genie White Diann White Iennifer Wienker Carol Wieter Greg & Jan Wilburn Renee Wilke Steve & Karen Woolf Dan & Elizabeth Wunder K.G. & Ann Yaunches Franklin & Barb Zaloga Laverne & Ethel Zurliene

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Community disability to possibility

First Step hit with Federal budget cuts...



The First Step Early Learning and Family Support's Early Head Start Program is feeling the impact of the Sequestration of Federal Funds. All Head Start and Early Head Start programs around the country received

a budget cut of 5.27%. The total amount of federal funding for First Step EHS program has decreased from \$343,476 to \$325,375, a decrease of \$18,101 per year. This cut was effective May 1, 2013.

Numerous programs like these throughout the United States are closing down sites, laying off staff, and cutting the number of children and families served. First Step is cutting enrollment from 54 children and pregnant women served at one time to 49. This means a cut of approximately 20 children and pregnant women per year. We were also forced to cut one Parent Educator from full time to part time. Many families are being affected, and will not be able to receive the comprehensive services that EHS provides.

Community Link Social Media Sites



Visit and Like us on Facebook and see daily postings of exciting news from Community Link, www.facebook.com/commlink1972



Follow us on Twitter, www.twitter.com/CommLinkInc

Community disability to possibility

Learn more about Community Link and the services we offer, view our news section, and donate online by going to www.commlink.org

United Way supports nonprofit agencies like Community Link...

The annual United Way Campaign began on September 3rd, and runs through October 31st. The dollars raised during this campaign supports a system of over 170 nonprofit agencies in 16 counties in Illinois and Missouri. Each year, one in three local people are helped through United Way, helping to make our region a better place for all of us.

Community Link recognizes the importance of the funding that is invested in our community and the communities around us, and as an agency have set a goal to raise \$15,000 through support from employees. Illinois Division agencies received over \$3 million in 2013 from United Way, with Community Link receiving over \$230,000.

This support matters to so many in our region, helping to fund our programs and others in need in our area. Community Link is proud to be a United Way member agency!



Helping people.



United Way of Greater St. Louis





- Artistic individual who demonstrates a love for art such as mosaics, pottery, jewelry making, painting, chalks, etc.
- Storyteller
- Reading Buddy to help individuals learn to read, or just read to a group/individual
- Creative individual to teach others to quilt, stitch, make blankets, etc.
- Green thumb or not, to teach the love of gardening
- Help people with disabilities to participate in fun activities and volunteerism within the community.



Courtney Kuhl, then a volunteer and now a Program Manager at the Breese Day Training West site, volunteered to teach Kathy Wempe, a program participant at both the Breese Day Training West site and the Breese East Production site, the piano. Kathy learned "Tongue Twister", which she performed at the Community Link St. Patrick's Day Gala on March 17th, 2013.



During National Volunteer Week, Community Link honored Stacy Hart (1) for her volunteer work at the Breese Day Training West site. Stacy visited every Monday to provide program participants with a makeover. She provided a spa-like atmosphere along with hair dressing, manicure, and a basic massage. Sissy Louden (r), program participant, was a customer of Stacy's.



Community Link asked...and they came! Through a request on Facebook, these lovely ladies volunteered to wrap gifts for program participants. Pictured l to r: Brianna Keene, Marcie Hacker, and Diana Hamilton. Not pictured: Susan Knapp.



Janet Burgess, Community Link program participant at the Breese Day Training West site, has a tremendous love for owls. Knowing how much she loves owls, Josh Cliff, a former Habilitation Assistant, gave Janet a special gift, an owl hat. Josh's wife has a wonderful talent for making hats, and donated this cute owl hat to Janet.

Thank You, Donors

July 1, 2013 – August 31, 2013

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Thanks to the sponsors of our **1st Annual Metro Golf Scramble** Saturday, July 27, 2013

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Thanks to all the golfers and team sponsors!

Community Link is a proud member of United Way of Greater St. Louis







This is a motto used at Community Link's Developmental Training site located on the West side of Breese. One individual who embraces that motto is Alex S. Alex is 32 years old and has a diagnosis of Cerebral Palsy. Alex has the opportunity to come to Community

Alex flexing his independence and wheeling himself to Classroom 11.

Link each day by riding a South Central Transit bus that has enough room for his electric wheelchair. A Community Link staff member greets him in the hallway and encourages his independence by letting him drive himself down the hall to his classroom, touching his hand in the direction he needs to go if he goes off course. During this time he stops to say hello to all of his friends, and they allow him as much time as he needs. He then reports to room 11 where Missy Gaskill and Brianne Wellen make his life much more manageable. At this time he needs to use the restroom, which is a simple task for most people, but Alex must be lying down. He is provided with as much privacy as he needs. He enjoys joking with the staff while they are tending to the other clients.

Alex is repositioned back to his wheelchair to go to lunch. He doesn't have enough strength in his arms to feed himself more than a couple of bites, so staff members assist him with his lunch. When he is finished eating he wheels over to another table to visit with his friends. After lunch he goes back to his classroom to work on his goals, some of which include money identification and identifying his name. He is then repositioned to his NASCAR themed bed and asks to watch his Dale Earnhardt DVDs, which were a gift

A Day in the Life of Alex

"Kindness is the language the blind can see and the deaf can hear."

When he gets back in

his wheelchair, staff assists him to drink a soda and then he does his communication goal, which is talking to a staff member of his choice for a minimum of 5 minutes. He also enjoys emailing his sister to keep in touch with her and to see pictures of his new nephew.

not otherwise be able to enjoy.

from the staff.



Community Link staff Missy Gaskill, Habilitation Specialist, members understand Alex's helps Alex re-adjust in his wheelchair.

unique wants and needs, and are able to help provide a life and experiences that he would

•



One of Alex's goals is to identify letters of the alphabet. Missy places the letters on a clipboard and asks Alex to show her the "E".

We-Think-We-Can Attitude for Strategic Planning and Vision for the Future



Dear Friends,

One of my all-time favorite children's books has to be *The Little Engine That Could.* This timeless classic, written in 1930, is the story of a little train that volunteers to pull a significantly larger broken down train up a hill after several bigger trains refused to do so. Against all odds and with

an optimistic mantra of "I Think I Can," the little engine succeeds in fulfilling the mission.

What I find interesting about this story is how much it relates to Community Link. Many of the messages contained in this story such as determination, courage, optimism as well as the values of hard work and spirit of volunteerism, can also be found throughout Community Link. In fact, the organization's rich history is replete with participant, staff, stakeholder and volunteer antidotes where the message of "I Think I Can", or more often, "We Think We Can", prevails.

We are very proud of the founding families of Community Link who, at that time, defied the common practice of institutionalizing their children with developmental disabilities and walking away; we are proud of the staff who believe in "Disabilities to Possibilities" and who recognize that people with developmental disabilities are capable of designing many parts of their own life plan as well as participating in their communities; our management team, who have held fast to our mission despite years of rate freezes, State budget chaos, unfunded mandates and challenges to institutional capacity; and our Board of Directors, who uphold our vision and support our efforts. It is in the Participants of Community Link, however, where we find the greatest examples of the "I Think I Can!" attitude. That is the reason why, when given the opportunity, there seems to be no end in their desire to learn, work, hone new skills and make friends, all within a goal to be as independent as possible. Our challenge, therefore, is to assure those opportunities continue to exist by creating new programs, strategies and ways of thinking that appeal to independence and a wide variety of ages and interests. As is always the case, our biggest restraint is the cost, since these Quality of Life programs generally do not qualify for government funding.

Throughout our history, there has never been a time when Community Link did not have its share of struggles. It is your belief in our mission and willingness to make an investment in the lives of the remarkable men, women, and children we serve, however that has been instrumental in our ability to continue to meet the challenge. As always, we are grateful for your generous support. It has assured a never-ending array of opportunities for our Participants. As Community Link enters a new round of strategic planning and visioning for our future, together we will bring the "We Think We Can" attitude that has always served us so well!

Sincerely,

John Husberg

Executive Director

Proud member of

United Way of Greater St. Louis



Community Link **Possibilities**

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Wav United Way of Greater St. Louis Nonprofit Org. U.S. Postage PAID Breese, IL Permit No. 9

ADDRESS SERVICE REQUESTED

Outdoor gazebo canopy/tent

Infant (3) & toddler (7) car seats

Gift cards: Walmart, gas, local

Child picnic tables (folding/portable)

establishments, Lowe's Home Depot,

Landscaping rock

Digital cameras

Selections From Our Wish List

Breese 245 CILA

- New/like new end tables & coffee table
- General exercise equipment

Breese 373 CILA

New family room chair •

Breese 555 CILA

- Ceiling fans living room & bedrooms
- New shed
- New refrigerator
- New deep freezer
- New kitchen cabinets •
- Landscaping •

Germantown CILA

- New flooring in bedroom
- New dining room chairs •

Production

- Wheelchair exercise DVDs
- Hand-held magnet
- Art supplies (chalks, canvas, fleece material, etc.)
- Clay flower pots (any sizes)

- Cricut supplies (paper, cartridges, etc.)
- Expand/remodel restrooms
- iPads for client use •
- Roof over receiving area

Fairview Heights Metro

- Wrought iron patio set with chairs •
- Outdoor bench & lawn swing
- Cricut supplies (paper, cartridges, • etc.)
- New flat screen television
- DVD players, DVDs & CDs •
- iPads for clients
- New recliners

Recreational Items

- Use of condo or cabin ٠
- Hotel certificates
- Sports team, theater, concert tickets •
- Lawn chairs & coolers •
- Card tables & chairs •
- Restaurant certificates

Agency-Wide Needs

- Asphalt for parking lots
- Carpet

- New recliners •

mos)

ADP West

Sam's Club

First Step

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- **Energy Audit** .
- Paint 6 classrooms .
- Wheelchair accessible sinks • •
- New electric stove
- Industrial washer & dryer • . iPads for clients
- Aviston CILA Garden tools
- Finished basement
- New carpet in bedrooms

Infant/toddler white t-shirts (0-36 Garage • •

Community disability to possibility*

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Carlyle CILA

- New bathroom shower